

NATIONAL DRUG TAKE BACK DAY



National Drug Take Back is a bi-annual event that occurs on the last Saturdays of April and October. For Sailors, this observation serves as a good reminder to organize your medicine cabinet and properly dispose of unused medications (e.g.: both prescription and over-the-counter drugs, ointments, creams, lotions, powders, and liquid medicines up to four ounces) both for your own well-being, and for the safety of family members.

For more information on how to dispose of your unused prescription medications, visit the **Prevention Toolkit (PTK)** on MyNavy HR or **contact the Primary Prevention Force** (N17_primaryprev.fct@us.navy.mil).

DID YOU KNOW?

ONE-THIRD

of veteran suicide attempts involve prescription medicine.

In the 2023 report, more than
TWO-THIRDS

of prescription pain medication misuse involves drugs obtained from friends or relatives, according to the Office of National Drug Control Policy.

6% of high school students reported **current** opioid misuse.*

12% reported **lifetime** misuse.*

* 2021 Youth Risk Behavior Surveillance System report



 **TOTAL
SAILOR
FIT TO FIGHT**

**VISIT THE
PREVENTION
TOOLKIT**

